

Ear Infection Issues

While children suffer from ear infections on a regular basis, most adults seem to think that they have become immune to this; that is until they get one their self. While not as frequent, adult ear infections do occur and they can be a quite painful experience.

The Eustachian tube is found connecting the inner ear to the nasal passageways as a means of draining off extra fluids. This is also responsible for equalizing the pressure in the ears. But, if this tube becomes blocked by the fluids it is supposed to drain, the ear can then become easily infected.

The most common cause of the adult ear infection is the common cold. When we have a cold, the mucous clogs up our nose, but it is when we blow our nose that this mucous can be forced into the tube and cause it to become blocked.

The infamous blowing of the nose is attributed to most adult ear infection cases. While most of the time the mucous exit through the nose, when we are severely congested, it can also be forced up the Eustachian tube and into the inner ear where the infection can start. At the same time, another popular cause of the infection is a failure to clean out the ears on a regular basis.

In most cases, the infection is not even caused by bacteria, but rather a virus. This means that for many adult ear infection sufferers, getting rid of the infection can be a troublesome issue. For the most part, it is not the actual ear infection which will give you the most grief, but rather it is the complications associated with it including intense pressure, loss of hearing and of course pain.

The ear infection can lead to a build-up of fluids in the ear and can some times drain out of the side of the canal opening rather than through the blocked tube. This will also lead to unequal pressures between the inner ear and outside the body which results in the development of pain.

If the cause of the infection is only bacteria, then this can take care of itself with ease. It is when the infection is viral that the treatment can be an issue. For some, all that is needed is a drain tube on the ear drum which is a simple procedure. However, many others will need to have the adenoids removed which is a major procedure. We do not really need them anymore so it's not an issue, but none the less it may mean surgery

About the Author

While you think about Ear Infection read more on Adult Ear Infection here

Source: <http://www.healthsnare.com>