

Ovarian Cyst Symptoms

While experiencing ovarian cyst symptoms can help to diagnose the existence of an ovarian cyst, simply having the symptoms is not necessarily a confirmation of its existence. Only having experience with one symptom is not a cause for action in most cases, but once you begin to show multiple ovarian cyst symptoms it is time for you to talk to a medical doctor.

Pelvic pain, such as dull aching in the lower back and thighs are common ovarian cyst symptoms. This pain may begin shortly before or after a period. It may also occur during intercourse or strenuous exercise. Pain and pressure both in the abdomen and in the pelvic area can be caused by the size, bleeding, bursting or twisting of a cyst. This can irritate the abdominal tissues and block the flow of blood to the cyst. Menstrual irregularities, such as painful periods and abnormal bleeding may be an indication of ovarian cysts, especially if there is no prior history of irregularities. This could also mean a longer or shorter than usual menstrual period, an absent menstruation, or an irregular menstruation. Spotting or light bleeding can occur when symptoms of ovarian symptoms manifest. Unexplained weight gain may be another symptom of ovarian cysts.

Symptoms similar to those of pregnancy, like nausea, vomiting, and tenderness of the breasts, are common symptoms of ovarian cysts. It is worth mentioning that other symptoms can distinguish between pregnancy and ovarian cysts. Infertility, for example, is itself a common symptom of ovarian cysts.

Not all ovarian cysts point to a crisis, in fact, the majority of them eventually disappear on their own. However, when there are very strong ovarian cyst symptoms such as sudden sharp abdominal pain, vomiting, or fainting then it is a serious situation which needs immediate medical intervention. There are a good number of signs that point towards the possibility of having ovarian cysts. There might be sudden and random onsets of sharp abdominal pain and a sensation of abdominal heaviness. The woman might also experience abdominal bloating, have difficulty urinating, and sense a feeling of pressure on her bladder or rectum. Ovarian cyst symptoms make it difficult for a general doctor to detect a cyst and they rarely make a diagnosis based on them. While locating a cyst based on symptoms is not impossible, the majority of ovarian cysts are found not because of ovarian cyst symptoms, but as a result of annual Pap smears.

About the Author

If your interested in finding out more about [ovarian cysts](#) and the symptoms they produce you can look over the information given at <http://ovariancystfacts.com/>

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